# THE SECRETS OF PRAYER

Āyatullāh Jawādī Āmulī

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With a foreword by Dr. Mohammad Soleimanpanah

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### Foreword

In the Name of Allah, the All-beneficent, the All-merciful.

Allah says:

Indeed I am Allah —there is no god except Me. So worship Me, and maintain the prayer for My remembrance. (20:14)

 $\S al\bar{a}h$  is a specific form of prayer and act of worship prescribed in Islam. The Holy Prophet ( $\S$ ) and the Holy Imams ( ${}^{\circ}a$ ) have explained and hinted at the spiritual significance of various parts of the act of prayer. Throughout history, many Muslim scholars have commented and elaborated upon what has been said regarding  $\S al\bar{a}h$  in both the Holy Qur $^{\circ}\bar{a}n$  and the narrations of Prophet Muḥammad ( $\S$ ) and the Imams ( $^{\circ}a$ ). Other scholars have also relied on their own personal experiences of spiritual vision and illumination in this regard. The result has been a voluminous body of scholarly texts on various aspects of  $\S al\bar{a}h$ .

Among the works related to <code>ṣalāh</code>, there are those which focus on explaining what are, in Arabic, called <code>asrār al-ṣalāh</code>, which literally means "the secrets of <code>ṣalāh</code>," and those which deal with <code>ādāb al-ṣalāh</code>, which means "the etiquettes of <code>ṣalāh</code>." The focus of these two endeavours is different. While the first seeks to explain and decipher the deeper layers and meanings of what is said and done in <code>ṣalāh</code>, the latter is related to the conducts of the worshiper and the codes and etiquettes that must be observed by him/her in order to achieve the ontological status of proximity with Allah, for which <code>ṣalāh</code> has been prescribed. The present work by <code>Āyatullah</code> 'Abdullāh Jawādī Āmulī falls within the first group. In the introduction, his holiness Ayatullah Jawādī Āmulī explains the differences between these two complementary approaches in detail.

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Since this book discusses asrār al-salāh (secrets of salāh), it might be useful to point out that it is, to use a western philosophical term, about the hermeneutics of salāh. From various verses of the Holy Qur'ān and a vast body of narrations, one can easily reach the conclusion that the outward rituals and acts that constitute salāh as a form of worship have inner and hidden meanings. Thus, it is incumbent upon us to reach for the ever richer and more profound essence of the outward acts and words of salāh. In the classical meaning of the term, this uncovering and discovering of the meaning of the author's words or acts, which in this case is Allah, who has prescribed salāh, is considered a hermeneutical endeavour. In other words, seeking to understand asrār al-ṣalāh is an attempt to understand the truer or deeper meanings of the acts and words of salāh. Its goal is to move beyond the signs and the signifiers into the realm of the signified, which in this case would mean the existential or ontological realm. In other words, the understanding of how the ritual of salāh is a body of signs and symbols (through its acts and words) is supposed to shape and transform the very existence of the worshiper.

As mentioned, many Muslim scholars have undertaken such an endeavour throughout history. Ayatullah Jawādī Āmulī, himself, has acknowledged in the introduction that this work, from one perspective, is an act of passing certain traditions to a new generation. He comments that "the present treatise is a brief writing about the secrets of prayer and in it I have bequeathed to the successful successors that which I inherited from the righteous predecessors." However, the present work is unique in many respects, as are almost all of the scholarly works of the present author. Āyatullah 'Abdullāh Jawādī Āmulī is one of very few (if not the only) living Muslim scholars who have a very deep and profound understanding of a wide range of Islamic subjects including Qur'ānic studies, the narrations of the Holy Prophet (ṣ) and Imams ('a), Islamic jurisprudence, philosophy, and Islamic gnosticism, including all their schools and